

Krishna starts answering Arjuna's question in 2.54 (Kim Vrajeta)

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*rāga-dveṣa-vimuktais tu
viṣayān indriyaiś caran
ātma-vaśyair vidheyātmā
prasādam adhigacchati*

Synonyms

[rāga](#) — attachment; [dveṣa](#) — and detachment; [vimuktaiḥ](#) — by one who has become free from; [tu](#) — but; [viṣayān](#) — sense objects; [indriyaiḥ](#) — by the senses; [caran](#) — acting upon; [ātma-vaśyaiḥ](#) — under one's control; [vidheya-ātmā](#) — one who follows regulated freedom; [prasādam](#) — the mercy of the Lord; [adhigacchati](#) — attains.

Translation

But a person free from all attachment and aversion and able to control his senses through regulative principles of freedom can obtain the complete mercy of the Lord.



How does a devotee engage his senses in this world?

Krishna gives a key point - Raga Dvesha Vimukteshu. No attachment and No aversion while moving about in this world.

- A female patient in terminal stage if she starts liking the male nurse that is a problem because her last thoughts will revolve around him - Raga.
- At the same time if she starts hating the male nurse (some women naturally don't like males) then this is also a problem because her last thoughts revolve around him (negative thoughts though) - Dvesha.
- Both cases she will die thinking of him and will take birth again as a Male mostly Karma willing.

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