

# Level 3 Yearly Syllabus

## Principles

1. Emphasis will be on self study and practice because in one two hour class on a Sunday how much can be taught?
2. Connect students with Sadhus by giving them audio/video lectures - let them listen from Srila Prabhupada, HH Radhanath Swami Maharaj, HH Bhakti Ashray Vaishnav Swami Maharaj, HH Haldhar Swami Maharaj, Hg Radheshyam Prabhuji, Hg Gauranga Prabhuji - Pure devotees are Bhakta Bhagavatas - listening to them is very potent. In other words expose them to selective listening - do not make them listen just to you (the Preacher).
3. Conduct exams regularly - without measuring it is difficult to improve.
4. Make classes interesting by using Visuals, Stories, Videos etc.
5. Every quarter plan on some Drama, Skit etc for some Festival
6. Make them do some Practical service in the temple
7. Make them distribute books, preach to new people
8. Make groups and assign one Group Lead. The group lead will ensure their members are up to the mark. Use WhatsApp on a daily basis to teach.

## Sadhana

### **Sadhana Sheet**

1. Daily Sadhana should be tracked online or sheet

### **Association**

1. Attend classes regularly
2. Six loving exchanges to build lifetime relationships

### **Book Reading**

#### Theory

1. BG first six chapters detailed study verse by verse
2. Teachings of Lord Chaitanya (TLC) full
3. Teachings of Queen Kunti (TQK) full

#### Practical

1. Able to handle life's ups and downs without being too much disturbed

2. Must be able to connect life with the scriptures
3. Must be able to develop devotional qualities (BG.5)

## **Chanting**

### Theory

1. Chant and Be Happy book TILL CHAPTER 5 (The Life of Sri Chaitanya)  
<https://vedabase.io/en/library/cabh/7/>
2. Japa Seminar and/or retreat four times in the year - this can be a standalone event (preferred) or clubbed with quarterly picnics
3. How to not chant Japa <https://mahatmadhas.com/32-ways-to-not-chant-japa/>

### Practical

1. Chanting consistently without any breaks, Chanting during early hours, Chanting extra rounds on special days.
2. Avoiding "How to not chant Japa"
3. Tracking Japa in Sadhana Sheet

## **Diet**

1. Eat Prasadam only

## **Health**

1. Daily regular exercise and tracking

## **Deity Worship**

### Theory

1. Memorize all aratis and sing in TUNE and without any errors. With Kartal.

### Practical

1. Learn to play Kartal slow and fast
2. Learn to play basic Mridanga
3. Learn below Bhajans by heart
4. Vocal exam on aratis

## **Vaishnav Songs to learn and internalize**

### [25 Vaishnav Songs for 2025](#)

## **Verses to Memorize**

1. Full BG.2 (give link to Hg Radhagopinath prs recitation)
2. Full BG.3
3. BG.4 to 6 (selective)
4. TQK
5. All Pranam Mantras - <https://www.youtube.com/playlist?list=PLshIE-AInk5A1obISSaviTTbllooFrBYU>

## **Daily hearing from Srila Prabhupada**

[https://vanipedia.org/wiki/Category:1080\\_English\\_Pages\\_with\\_Videos](https://vanipedia.org/wiki/Category:1080_English_Pages_with_Videos)

### **Svadhyaya**

#### **Theory**

1. Bhakti Tattva
2. Guru Tattva - the position of a Guru
3. Prabhupada Tattva - the position of Srila Prabhupada
4. Vaishnava Tattva - the position of Vaishnavas
5. Nama Tattva - the position of the Holy name
6. Ten offenses to the Holy Name - the road blocks to BTG
7. Tulasi Maharani - who is she and why should we worship her?
8. Sikshashtakam - understanding the eight instructions of Lord Chaitanya
9. Idol worship or Ideal worship
10. Proper understanding of Demigods and our dealing with them
11. Chaitanya Siksha

#### **Practical**

1. Clear understanding of the who a Guru is, why do we need a Guru, aspiration to take Diksha, listening regularly to Guru's lectures, attending all lectures and programs of Guru Maharaj when he comes to Pune, attending and giving offering on Guru's Vyasa Puja
2. Clear understanding of Srila Prabhupada as the Founder Acharya. Must read Prabhupada Condensed. Must write offering on SP Vyasa Puja. Must attend Prabhupada appearance and disappearance days of SP.
3. Regular Deity Worship, Offering Nice Bhoga regularly, Buying paraphernalia for the Deity, Reading Deity Pastimes and sharing with others, Celebrating Deity Anniversary
4. Facing reversals in life without being disturbed and more importantly intensifying Bhakti

### **Sadachar**

## **Grihastha Ashram**

1. Foundational principles
2. How to deal properly with family members, friends and relatives
3. How to handle Sex desire?
4. How to plan Finances?
5. Giving back - From 10% to 50%
6. Parenting - how to raise children?
7. The Source of our Income
8. Dealing with Vaishnavas - Etiquette
9. Consult with Guru, Sadhu and Shastra - not with the Spouse alone! (demigods consulted amongst themselves during durvasa curse but could not conclude - they went to brahma)
10. Develop Divine Qualities
  1. Humility
  2. Tolerance
  3. Amani
  4. Mana Dena
  5. Submission <https://www.youtube.com/watch?v=QUxD6LBcnnE>
  - 6.

## Special Topics

1. What is Mayavad?
2. What are the three levels of realizing God?
3. Where did you go?
4. Ek Nazar (2.62 - 63)
  1. Saubhari Muni
  2. Ajamila
  3. Contemporary
5. Balance - The Illusion
6. Destiny and Freewill
7. Dost Dost Na Raha (How to deal properly with family members, friends and relatives)
8. The WOMB of Pain
9. This is a world of DUALITY
10. Chewing the Chewed
11. Pouring Petrol on Fire - Sense gratification is never satisfied
12. Regulative Principles of FREEDOM
13. Founder Acharya

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