

# May-2025

01-May-2025 Thursday

☐ Understand, recite & memorise BG 2.52 shloka by today. Post audio once done. (5 min)

Refer tune : <https://drive.google.com/file/d/11tvrke3NPF-nAb4HHOY3iFuUM491Xl-q/view?usp=sharing>

yadā te moha-kalilam  
buddhir vyatitariṣyati  
tadā gantāsi nirvedam  
śrotavyasya śrutasya ca

☐ Recite below 8th stanza of 'Shikshashtakam' today in proper tune & post audio. (5 min)  
Follow the tune from below audio.

8th Stanza : <https://drive.google.com/file/d/1-M0mRGQ7bB59ltJn7jzs1QLT9jMBSwQS/view?usp=sharing>

ashlishya va pada-ratam pinashtu mam  
adarshanan marma-hatam karotu va  
yatha tatha va vidadhatu lampato  
mat-prana-nathas tu sa eva naparaha

[illegible]

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0034](https://vanipedia.org/wiki/Prabhupada_0034) -

## Everyone Receives Knowledge from the Authority

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0034\\_-](https://vanipedia.org/wiki/HI/Prabhupada_0034_-)

[%E0%A4%B9%E0%A4%B0 %E0%A4%95%E0%A5%8B%E0%A4%88 %E0%A4%85%E0%A4%A7%E0%A4%BF%E0%A4%95%E0%A4%BE%E0%A4%B0%E0%A4%BF%E0%A4%AF%E0%A5%8B%E0%A4%82 %E0%A4%B8%E0%A5%87 %E0%A4%9C%E0%A5%8D%E0%A4%9E%E0%A4%BE%E0%A4%](#)

[https://www.youtube.com/watch?v=lnSQRkd62rA&list=RDlnSQRkd62rA&start\\_radio=1](https://www.youtube.com/watch?v=lnSQRkd62rA&list=RDlnSQRkd62rA&start_radio=1)

03-May-2025 Saturday

☐ Understand, recite & memorise BG 2.53 shloka by today. Post audio once done. (5 min)

Refer tune : <https://drive.google.com/file/d/1L1Otpb8lCkUllY-un3w0eDD4v2FxiO3d/view?usp=sharing>

śruti-vipratipannā te  
 yadā sthāsyati niścalā  
 samādhāv acalā buddhis  
 tadā yogam avāpsyasi

☐ Read 'The Ten Offenses to the Holy Name' & post audio. (5 min)

English : <https://iskcondesiretree.com/page/the-ten-offenses-to-the-holy>

Hindi : [https://gaurakrishna.com/aarti/naam-apradh/?srsltid=AfmBOoqS-A\\_6xKzgdzEwOT3ndHHrudf7I2XXPSkBPTJlkskoQHrmocS9](https://gaurakrishna.com/aarti/naam-apradh/?srsltid=AfmBOoqS-A_6xKzgdzEwOT3ndHHrudf7I2XXPSkBPTJlkskoQHrmocS9)

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0036 - The Goal Of Our Life](https://vanipedia.org/wiki/Prabhupada_0036_-_The_Goal_Of_Our_Life)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0036\\_-](https://vanipedia.org/wiki/HI/Prabhupada_0036_-)

[%E0%A4%9C%E0%A5%80%E0%A4%B5%E0%A4%A8 %E0%A4%95%E0%A4%BE %E0%A4%B2%E0%A4%95%E0%A5%8D%E0%A4%B7%E0%A5%8D%E0%A4%AF %E0%A4%B9%E0%A5%88 %E0%A4%B9%E0%A4%AE%E0%A4%BE%E0%A4%B0%E0%A5%87 %E0%A4%B8%E0%A5%8D%E0%A4%B5%E0%A4%BE%E0%A4%AD%E0%A4%BE%E0%A4%B5%E0%A4%BF%E0%A4%95 %E0%A4%B8%E0%A5%8D%E0%A4%A5%E0%A4%BF%E0%A4%A4%E0%A4%BF %E0%A4%95%E0%A5%8B %E0%A4%B8%E0%A4%AE%E0%A4%9D%E0%A4%A8%E0%A4%BE](#)

□ Listen to the below audio lecture on ‘Teachings of Queen Kunti’ by HH Radha Govinda Swami. (15 min)

<https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis ->

[R to Y/His Holiness Radha Govinda Swami/Kunti Stuti 2002/RGS Kunti Stuti 2002 - Day-05 Part-01.mp3](#)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Mama Mana Mandire' & try to get the tune.

[https://www.youtube.com/watch?v=JnSQRkd62rA&list=RDJnSQRkd62rA&start\\_radio=1](https://www.youtube.com/watch?v=JnSQRkd62rA&list=RDJnSQRkd62rA&start_radio=1)

04-May-2025 Sunday

**SUNDAY WEEK OFF !!!**

☐ Understand, recite & memorise BG 2.54 shloka by today. Post audio once done. (5 min)

Refer tune :

[https://drive.google.com/file/d/1YelwRjL4YKzoyeFJ8l4cdoCNxbXX\\_2zH/view?usp=sharing](https://drive.google.com/file/d/1YelwRjL4YKzoyeFJ8l4cdoCNxbXX_2zH/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/54/>

[illegible]

*arjuna uvāca*

*sthita-prajñasya kā bhāṣā*

*samādhi-sthasya keśava*

*sthita-dhīḥ kiṁ prabhāṣeta*

*kim āsīta vrajeta kim*

☐ Recite below 1st stanza of 'Sri Guru Vandana' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

### 1st Stanza :

[https://drive.google.com/file/d/1\\_6byGGRTSUR77ITTFK2XN\\_s7W6xsNcE\\_/view?usp=sharing](https://drive.google.com/file/d/1_6byGGRTSUR77ITTFK2XN_s7W6xsNcE_/view?usp=sharing)

śrī-guru-caraṇa-padma, kevala-bhakti-sadma,

bando muñi sāvadhāna mate

jāhāra prasāde bhāi, e bhava toriyā jāi,

krṣṇa-prāpti hoy jāhā ha'te

□□□□□□□□ □□□□, □□□□ □□□□-□□□□,  
□□□□ □□ □□□□□ □□□  
□□□□□□ □□□□□□ □□□, □ □□ □□□□□ □□□,  
□□□□□ □□□□□□□□ □□□ □□□□ □□□□<sup>1</sup>□

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0037 - Anyone Who Knows Krsna, He Is Guru](https://vanipedia.org/wiki/Prabhupada_0037_-_Anyone_Who_Knows_Krsna,_He_Is_Guru)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0037](https://vanipedia.org/wiki/HI/Prabhupada_0037) -

%E0%A4%9C%E0%A5%8B %E0%A4%95%E0%A5%83%E0%A4%B7%E0%A5%8D%E0%A4%A3 %E0%A4%95%E0%A5%8B %E0%A4%9C%E0%A4%BE%E0%A4%A8%E0%A4%A4%E0%A4%BE %E0%A4%B9%E0%A5%88, %E0%A4%B5%E0%A4%B9 %E0%A4%97%E0%A5%81%E0%A4%B0%E0%A5%82 %E0%A4%B9%E0%A5%88

☐ Read 20th Chapter of 'Teachings of Queen Kunti'. Also recite & memorise the shloka. Post audio once done. (15 min)

<https://vedabase.io/en/library/tqk/20/>

<https://drive.google.com/file/d/1N79u3GLcCvGPaVZtfme5N8DmWGpB82Xq/view?usp=sharing>

apy adya nas tvaṁ sva-kṛteḥita prabho  
jihāsasi svit suhrdo 'nujīvinaḥ  
yeṣāṁ na cānyad bhavataḥ padāmbujāt  
parāyaṇaṁ rājasu yojitāmhasām

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

06-May-2025 Tuesday

Refer tune : <https://drive.google.com/file/d/1zUxqkirmeeBLCF1IzH-WKvpWfgwR1epu/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/55/>

śrī-bhagavān uvāca  
prajahāti yadā kāmān  
sarvān pārtha mano-gatān  
ātmany evātmanā tuṣṭaḥ  
sthita-prajñas tadocyate

<https://drive.google.com/file/d/1XooQ39NFGOWZErCSAtDk4PpSQX8Ljhvn/view?usp=sharing>

guru-mukha-padma-vākyā, cittete koribo aikya,  
ār nā koriho mane āśā  
śrī-guru-caraṇe rati, ei se uttama-gati,  
je prasāde pūre sarva āśā

ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय,  
ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय,  
ॐ नमो भगवते वासुदेवाय ॥२॥

☐ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0038\\_-\\_Knowledge\\_Is\\_Derived\\_From\\_The\\_Vedas](https://vanipedia.org/wiki/Prabhupada_0038_-_Knowledge_Is_Derived_From_The_Vedas)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0038\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0038_-_)

[\\_ %E0%A4%9C%E0%A5%8D%E0%A4%9E%E0%A4%BE%E0%A4%A8\\_%E0%A4%B5%E0%A5%87%E0%A4%A6%E0%A5%8B%E0%A4%82\\_%E0%A4%B8%E0%A5%87\\_%E0%A4%89%E0%A4%A4%E0%A5%8D%E0%A4%AA%E0%A4%A8%E0%A5%8D%E0%A4%A8\\_%E0%A4%B9%E0%A5%8B%E0%A4%A4%E0%A4%BE\\_%E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0038_-_%E0%A4%9C%E0%A5%8D%E0%A4%9E%E0%A4%BE%E0%A4%A8_%E0%A4%B5%E0%A5%87%E0%A4%A6%E0%A5%8B%E0%A4%82_%E0%A4%B8%E0%A5%87_%E0%A4%89%E0%A4%A4%E0%A5%8D%E0%A4%AA%E0%A4%A8%E0%A5%8D%E0%A4%A8_%E0%A4%B9%E0%A5%8B%E0%A4%A4%E0%A4%BE_%E0%A4%B9%E0%A5%88)

☐ Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02\\_-\\_ISKCON\\_Swamis/ISKCON\\_Swamis\\_-\\_](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-\\_Day-05\\_Part-02.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-05_Part-02.mp3)

☐ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

07-May-2025 Wednesday

☐ Understand, recite & memorise BG 2.56 shloka by today. Post audio once done. (5 min)

Refer tune : [https://drive.google.com/file/d/1dRdT9-sAesfqAu8thx8-](https://drive.google.com/file/d/1dRdT9-sAesfqAu8thx8-Vi5hZ0q_smZQ/view?usp=sharing)

[Vi5hZ0q\\_smZQ/view?usp=sharing](https://drive.google.com/file/d/1dRdT9-sAesfqAu8thx8-Vi5hZ0q_smZQ/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/56/>

दुःखं क्लेशं तदुद्विग्नमनाहं  
सुखं क्लेशं तदुद्विग्नमनाहं

*duḥkheṣv anudvigna-manāḥ  
sukheṣu vigata-sprṛhaḥ  
vīta-rāga-bhaya-krodhaḥ  
sthita-dhīr munir ucyate*

☐ Recite below 3rd stanza of 'Sri Guru Vandana' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

3rd Stanza : <https://drive.google.com/file/d/175lxsyGrfH0->

[mVL39RxIVbFZ0yy79JHv/view?usp=sharing](https://mVL39RxIVbFZ0yy79JHv/view?usp=sharing)

cakṣu-dān dilo jei, janme janme prabhu sei,  
divya jñān hṛde prokāśito  
prema-bhakti jāhā hoite, avidyā vināśa jāte,  
vede gāy jāhāra carito

ପ୍ରଭୁପଦା ପ୍ରଭୁ ପଦା, ପ୍ରଭୁପଦା ପ୍ରଭୁପଦା ପ୍ରଭୁ,  
ପ୍ରଭୁ-ପ୍ରଭୁ ପ୍ରଭୁ ପ୍ରଭୁପଦା  
ପ୍ରଭୁ-ପ୍ରଭୁ ପ୍ରଭୁ ପ୍ରଭୁ, ପ୍ରଭୁପଦା ପ୍ରଭୁ ପ୍ରଭୁ,  
ପ୍ରଭୁ ପ୍ରଭୁ ପ୍ରଭୁ ପ୍ରଭୁପଦା<sup>3</sup>

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0039\\_-\\_Modern\\_Leader\\_Is\\_Just\\_Like\\_A\\_Puppet](https://vanipedia.org/wiki/Prabhupada_0039_-_Modern_Leader_Is_Just_Like_A_Puppet)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0039\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0039_-_)

[\\_ %E0%A4%86%E0%A4%A7%E0%A5%81%E0%A4%A8%E0%A4%BF%E0%A4%95\\_%E0%A4%A8%E0%A5%87%E0%A4%A4%E0%A4%BE\\_%E0%A4%95%E0%A4%A0%E0%A4%AA%E0%A5%81%E0%A4%A4%E0%A4%B2%E0%A5%80\\_%E0%A4%95%E0%A5%87\\_%E0%A4%B8%E0%A4%AE%E0%A4%BE%E0%A4%A8\\_%E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0039_-_%E0%A4%86%E0%A4%A7%E0%A5%81%E0%A4%A8%E0%A4%BF%E0%A4%95_%E0%A4%A8%E0%A5%87%E0%A4%A4%E0%A4%BE_%E0%A4%95%E0%A4%A0%E0%A4%AA%E0%A5%81%E0%A4%A4%E0%A4%B2%E0%A5%80_%E0%A4%95%E0%A5%87_%E0%A4%B8%E0%A4%AE%E0%A4%BE%E0%A4%A8_%E0%A4%B9%E0%A5%88)

□ Read 21st Chapter of 'Teachings of Queen Kunti'. Also recite & memorise the shloka. Post audio once done. (15 min)

<https://vedabase.io/en/library/tqk/21/>

For tune refer below :

[https://drive.google.com/file/d/1j7tkmR5151CRzzS29XL3x4X\\_8fmysHPk/view?usp=sharing](https://drive.google.com/file/d/1j7tkmR5151CRzzS29XL3x4X_8fmysHPk/view?usp=sharing)

କେ ବାୟାମ ନାମା-ରୂପାଭ୍ୟାମ୍  
ଯାଦୁଭିଃ ସାହା ପାଞ୍ଚାଦାବଃ  
ଭାବତୋ 'ଦାର୍ଶନାମ୍ ଯାରି  
ହଃଶିକାଞ୍ଚାମ୍ ଇବେଶିତୁଃ

*ke vayaṁ nāma-rūpābhyāṁ  
yadubhiḥ saha pāṇḍavāḥ  
bhavato 'darśanaṁ yarhi  
hṛṣīkāṇāṁ iveśituḥ*

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

08-May-2025 Thursday

□ Understand, recite & memorise BG 2.57 shloka by today. Post audio once done. (5 min)

Refer tune : [https://drive.google.com/file/d/1yenZEW16ZXR\\_nlnoXeFAkZ8ZH2V-ZGLa/view?usp=sharing](https://drive.google.com/file/d/1yenZEW16ZXR_nlnoXeFAkZ8ZH2V-ZGLa/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/57/>

ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय

*yaḥ sarvatrānabhisnehas  
tat tat prāpya śubhāśubham  
nābhinandati na dveṣṭi  
tasya prajñā pratiṣṭhitā*

☐ Recite below 4th stanza of 'Sri Guru Vandana' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

4th Stanza : <https://drive.google.com/file/d/13upym1mRSP8sM-oANe-WqcdB50URt7KD/view?usp=sharing>

śrī-guru karuṇā-sindhu, adhama janāra bandhu,  
lokanāth lokera jīvana  
hā hā prabhu koro doyā, deho more pada-chāyā,  
ebe jaśa ghuṣuk tribhuvana

ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय,  
ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय,  
ॐ नमो भगवते वासुदेवाय॥४॥

☐ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0040\\_-\\_Here\\_Is\\_One\\_Supreme\\_Person](https://vanipedia.org/wiki/Prabhupada_0040_-_Here_Is_One_Supreme_Person)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0040\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0040_-_)

[https://vanipedia.org/wiki/HI/Prabhupada\\_0040\\_-\\_%E0%A4%AF%E0%A4%B9%E0%A4%BE%E0%A4%81%E0%A4%8F%E0%A4%95%E0%A4%AA%E0%A4%B0%E0%A4%AE%E0%A4%AA%E0%A5%81%E0%A4%B0%E0%A5%81%E0%A4%B7%E0%A4%B9%E0%A5%88%E0%A4%82](https://vanipedia.org/wiki/HI/Prabhupada_0040_-_%E0%A4%AF%E0%A4%B9%E0%A4%BE%E0%A4%81%E0%A4%8F%E0%A4%95%E0%A4%AA%E0%A4%B0%E0%A4%AE%E0%A4%AA%E0%A5%81%E0%A4%B0%E0%A5%81%E0%A4%B7%E0%A4%B9%E0%A5%88%E0%A4%82)

☐ Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02\\_-\\_ISKCON\\_Swamis/ISKCON\\_Swamis\\_-\\_](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-\\_Day-05\\_Part-03.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-05_Part-03.mp3)

☐ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>



□ Understand, recite & memorise BG 2.58 shloka by today. Post audio once done. (5 min)

Refer tune :

[https://drive.google.com/file/d/17pUAWtRDIT\\_zUvM1IQPQKGwPyLWWroeJ/view?usp=sharing](https://drive.google.com/file/d/17pUAWtRDIT_zUvM1IQPQKGwPyLWWroeJ/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/58/>

यदा सम्भारते कायाम्

कूर्मो ऽङ्गानिवा सर्वासां

yadā saṁharate cāyaṁ

kūrmō 'ṅgānīva sarvaśaṅ

indriyāṇīndriyārthebhyas

tasya prajñā pratiṣṭhitā

□ Recite below 1st stanza of 'gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

1st Stanza : <https://drive.google.com/file/d/1p0yinuS6PLXF-fpNpjXcJntSCI8JYrt1/view?usp=sharing>

(kiba) jaya jaya gorācāṇder āratiko śobhā

jāhnavī-taṭa-vane jaga-mana-lobhā

jaga-jana-mana-lobhā

(ॐ) ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ

ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ ॐ

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0041\\_-\\_Present\\_Life,\\_it\\_is\\_Full\\_of\\_Inauspicity](https://vanipedia.org/wiki/Prabhupada_0041_-_Present_Life,_it_is_Full_of_Inauspicity)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0041\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0041_-_)

[https://vanipedia.org/wiki/HI/Prabhupada\\_0041\\_-\\_%E0%A4%B5%E0%A4%B0%E0%A5%8D%E0%A4%A4%E0%A4%AE%E0%A4%BE%E0%A4%A8%E0%A4%9C%E0%A5%80%E0%A4%B5%E0%A4%A8%E0%A4%85%E0%A4%B6%E0%A5%81%E0%A4%AD%E0%A4%A4%E0%A4%BE%E0%A4%B8%E0%A5%87%E0%A4%AD%E0%A4%B0%E0%A4%BE%E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0041_-_%E0%A4%B5%E0%A4%B0%E0%A5%8D%E0%A4%A4%E0%A4%AE%E0%A4%BE%E0%A4%A8%E0%A4%9C%E0%A5%80%E0%A4%B5%E0%A4%A8%E0%A4%85%E0%A4%B6%E0%A5%81%E0%A4%AD%E0%A4%A4%E0%A4%BE%E0%A4%B8%E0%A5%87%E0%A4%AD%E0%A4%B0%E0%A4%BE%E0%A4%B9%E0%A5%88)

□ Read 22nd Chapter of 'Teachings of Queen Kunti'. Also recite & memorise the shloka. Post audio once done. (15 min)

<https://vedabase.io/en/library/tqk/22/>

For tune refer below :

<https://drive.google.com/file/d/1nVFfsLmaUZgphfjjk97ldv94r03WpJFX/view?usp=sharing>

नेयम् शोभिष्यते तत्रा

यथेदानीम् गदाधरा

neyaṁ śobhiṣyate tatra

yathedānīm gadādhara

tvat-padair aṅkitā bhāti  
sva-lakṣaṇa-vilakṣitaiḥ

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

10-May-2025 Saturday

□ Understand, recite & memorise BG 2.59 shloka by today. Post audio once done. (5 min)

Refer tune :

[https://drive.google.com/file/d/1\\_d0xaCWAMmv90NNWJ5l1SIKGOBNBIQCu/view?usp=sharing](https://drive.google.com/file/d/1_d0xaCWAMmv90NNWJ5l1SIKGOBNBIQCu/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/59/>

विषयं विनिवर्तते निराहारा देहिना  
रस-वर्जं रसोऽप्यस्य परमं दृष्ट्वा निवर्तते

viṣayā vinivartante  
nirāhārasya dehinaḥ  
rasa-varjaṁ raso 'py asya  
paraṁ dṛṣṭvā nivartate

□ Recite below 2nd stanza of 'Gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

2nd Stanza : <https://drive.google.com/file/d/1D8li7thIBD28zhReWjFfRjelUwq-U5Ne/view?usp=sharing>

dakṣiṇe nitāicāṇḍ, bāme gadādhara  
nikaṭe advaita, śrīnivāsa chatra-dhara

दक्षिणे नितैकान्द, बामे गदाधरा  
निकाटे अद्वैता, श्रीनिवासा चित्राधरा

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0042\\_-\\_This\\_Initiation,\\_Take\\_it\\_Very\\_Seriously](https://vanipedia.org/wiki/Prabhupada_0042_-_This_Initiation,_Take_it_Very_Seriously)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0042\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0042_-_)

[https://vanipedia.org/wiki/HI/Prabhupada\\_0042\\_-\\_%E0%A4%87%E0%A4%B8%E0%A4%A6%E0%A5%80%E0%A4%95%E0%A5%8D%E0%A4%B7%E0%A4%BE%E0%A4%95%E0%A5%8B%E0%A4%AC%E0%A4%B9%E0%A5%81%E0%A4%A4%E0%A4%97%E0%A4%82%E0%A4%AD%E0%A5%80%E0%A4%B0%E0%A4%A4%E0%A4%BE%E0%A4%B8%E0%A5%87%E0%A4%B2%E0%A5%8B](https://vanipedia.org/wiki/HI/Prabhupada_0042_-_%E0%A4%87%E0%A4%B8%E0%A4%A6%E0%A5%80%E0%A4%95%E0%A5%8D%E0%A4%B7%E0%A4%BE%E0%A4%95%E0%A5%8B%E0%A4%AC%E0%A4%B9%E0%A5%81%E0%A4%A4%E0%A4%97%E0%A4%82%E0%A4%AD%E0%A5%80%E0%A4%B0%E0%A4%A4%E0%A4%BE%E0%A4%B8%E0%A5%87%E0%A4%B2%E0%A5%8B)

□ Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15

min)

<https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis ->

[R to Y/His Holiness Radha Govinda Swami/Kunti Stuti 2002/RGS Kunti Stuti 2002 - Day-05 Part-04.mp3](#)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasad, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

11-May-2025 Sunday

## SUNDAY WEEK OFF !!!

12-May-2025 Monday

□ Understand, recite & memorise BG 2.60 shloka by today. Post audio once done. (5 min)

Refer tune :

<https://drive.google.com/file/d/1uNR97stoHFYoKrgifjeSgd3U5tEgfAeB/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/60/>

यततोऽपि काunteया  
पुरुषस्या विपाścitaḥ  
इन्द्रियाणि प्रमाथिनि  
हरन्ति प्रसाभाम् मानाḥ

*yatato hy api kaunteya  
puruṣasya vipaścitaḥ  
indriyāṇi pramāthīni  
haranti prasabham manāḥ*

□ Recite below 3rd stanza of 'gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

3rd Stanza :

<https://drive.google.com/file/d/1zdu2c1uepr1oxBOjvMDxAIDeynW5RiSO/view?usp=sharing>

basiyāche gorācāṇḍ ratna-simhāsane  
ārati koren brahmā-ādi deva-gaṇe

बासियाचे गोरआंचे रत्ना-सिंहासने  
आरति कोरेन ब्रह्मा-आदि देवा-गणे

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0043 - Bhagavad-g%C4%ABt%C4%81\\_is the Basic Principle](https://vanipedia.org/wiki/Prabhupada_0043_-_Bhagavad-g%C4%ABt%C4%81_is_the_Basic_Principle)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0043\\_-](https://vanipedia.org/wiki/HI/Prabhupada_0043_-)

[\\_ %E0%A4%AD%E0%A4%97%E0%A4%B5%E0%A4%A6%E0%A5%8D\\_%E0%A4%97%E0%A5%80%E0%A4%A4%E0%A4%BE\\_%E0%A4%AE%E0%A5%81%E0%A4%96%E0%A5%8D%E0%A4%AF\\_%E0%A4%B8%E0%A4%BF%E0%A4%A6%E0%A5%8D%E0%A4%A7%E0%A4%BE%E0%A4%82%E0%A4%A4\\_%E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0043_-_%E0%A4%AD%E0%A4%97%E0%A4%B5%E0%A4%A6%E0%A5%8D_%E0%A4%97%E0%A5%80%E0%A4%A4%E0%A4%BE_%E0%A4%AE%E0%A5%81%E0%A4%96%E0%A5%8D%E0%A4%AF_%E0%A4%B8%E0%A4%BF%E0%A4%A6%E0%A5%8D%E0%A4%A7%E0%A4%BE%E0%A4%82%E0%A4%A4_%E0%A4%B9%E0%A5%88)

□ Read 23rd Chapter of 'Teachings of Queen Kunti'. Also recite & memorise the shloka. Post audio once done. (15 min)

<https://vedabase.io/en/library/tqk/23/>

For tune refer below :

[https://drive.google.com/file/d/15RqcWsjeygUzz3FNa3\\_ki2bD0yzC04o2/view?usp=sharing](https://drive.google.com/file/d/15RqcWsjeygUzz3FNa3_ki2bD0yzC04o2/view?usp=sharing)

ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय

*ime jana-padāḥ svṛddhāḥ  
supakvaṣadhi-vīrudhaḥ  
vanādri-nady-udanvanto  
hy edhante tava vīkṣitaiḥ*

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

13-May-2025 Tuesday

□ Understand, recite & memorise BG 2.61 shloka by today. Post audio once done. (5 min)

Refer tune :

<https://drive.google.com/file/d/1QHHnYRNCXevPwcG1mP2dpHzi2JxZxWxT/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/61/>

तानि सर्वानि सम्यम्या  
युक्ता आसिता मत्पराह

*tāni sarvāṇi samyamya  
yukta āsita mat-parah  
vaśe hi yasyendriyāṇi  
tasya prajñā pratiṣṭhitā*

□ Recite below 4th stanza of 'Gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)

Follow the tune from below audio.

4th Stanza : <https://drive.google.com/file/d/1oZOI2s-MficfuM09Xuvwc8U-sDdM9X01/view?usp=sharing>

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[%E0%A4%B8%E0%A5%87%E0%A4%B5%E0%A4%BE\\_%E0%A4%95%E0%A4%BE\\_%E0%A4%85%E0%A4%B0%E0%A5%8D%E0%A4%A5\\_%E0%A4%B9%E0%A5%88\\_%E0%A4%A4%E0%A5%81%E0%A4%AE\\_%E0%A4%97%E0%A5%81%E0%A4%B0%E0%A5%81\\_%E0%A4%95%E0%A5%87\\_%E0%A4%86%E0%A4%A6%E0%A5%87%E0%A4%B6\\_%E0%A4%95%E0%A4%BE\\_%E0%A4%85%E0%A4%A8%E0%A5%81%E0%A4%B8%E0%A4%B0%E0%A4%A3\\_%E0%A4%95%E0%A4%B0%E0%A5%8B](#)

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

☐ Recite below 5th stanza of 'gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)

5th Stanza : [https://drive.google.com/file/d/1WvfUPnesbi7M\\_R-rzxGS2GIRcSy2sMF0/view?usp=sharing](https://drive.google.com/file/d/1WvfUPnesbi7M_R-rzxGS2GIRcSy2sMF0/view?usp=sharing)

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English : [https://vanipedia.org/wiki/Prabhupada\\_0045\\_-The\\_Object\\_of\\_Knowledge\\_is\\_Called\\_Jneyam](https://vanipedia.org/wiki/Prabhupada_0045_-The_Object_of_Knowledge_is_Called_Jneyam)

[%E0%A4%9C%E0%A5%8D%E0%A4%9E%E0%A4%BE%E0%A4%A8 %E0%A4%95%E0%A4%BE %E0%A4%AA%E0%A5%8D%E0%A4%B0%E0%A4%AF%E0%A5%8B%E0%A4%9C%E0%A4%A8 %E0%A4%9C%E0%A5%8D%E0%A4%9E%E0%A5%87%E0%A4%AF%E0%A4%AE %E0%A4%B9%E0%A5%](#)

For tune refer below : [https://drive.google.com/file/d/1onTHm-NZa9uKzSM1\\_hw3-8\\_G9v-UkCQu/view?usp=sharing](https://drive.google.com/file/d/1onTHm-NZa9uKzSM1_hw3-8_G9v-UkCQu/view?usp=sharing)

atha viśveśa viśvātman  
viśva-mūrte svakeṣu me  
sneha-pāśam imaṁ chindhi  
drdhaṁ pāndusu vrsnisu

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

[https://drive.google.com/file/d/1l691ERP9uyDmUqBITtGjYdtnXA5C5p\\_r/view?usp=sharing](https://drive.google.com/file/d/1l691ERP9uyDmUqBITtGjYdtnXA5C5p_r/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/63/>

कrodhād bhavati sammohaḥ  
sammohāt smṛti-vibhramaḥ  
smṛti-bhramśād buddhi-nāśo  
buddhi-nāśāt praṇaśyati

Recite below 6th stanza of 'Gaur Aarti' today in proper tune & post audio. Practice Kartal also. (5 min)  
Follow the tune from below audio.  
6th Stanza : <https://drive.google.com/file/d/11yDIX-aXoX8xgSOFbg93gL7Xsel786Vr/view?usp=sharing>

bahu-koṭi candra jini' vadana ujjala  
gala-deśe bana-mālā kore jhalamala

बहु कोटि चन्द्रा जनि' वदना उज्जला  
गला-देशे बाना-माला कोरे जलामला

Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0046\\_-\\_You\\_Don%27t\\_Become\\_Animal\\_-\\_Counteract](https://vanipedia.org/wiki/Prabhupada_0046_-_You_Don%27t_Become_Animal_-_Counteract)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0046\\_-\\_%E0%A4%86%E0%A4%AA\\_%E0%A4%9C%E0%A4%BE%E0%A4%A8%E0%A4%B5%E0%A4%B0\\_%E0%A4%AE%E0%A4%A4\\_%E0%A4%AC%E0%A4%A8%E0%A4%BF%E0%A4%AF%E0%A5%87\\_-\\_%E0%A4%B8%E0%A4%BE%E0%A4%AE%E0%A4%A8%E0%A4%BE\\_%E0%A4%95%E0%A5%80%E0%A4%9C%E0%A4%BF%E0%A4%8F](https://vanipedia.org/wiki/HI/Prabhupada_0046_-_%E0%A4%86%E0%A4%AA_%E0%A4%9C%E0%A4%BE%E0%A4%A8%E0%A4%B5%E0%A4%B0_%E0%A4%AE%E0%A4%A4_%E0%A4%AC%E0%A4%A8%E0%A4%BF%E0%A4%AF%E0%A5%87_-_%E0%A4%B8%E0%A4%BE%E0%A4%AE%E0%A4%A8%E0%A4%BE_%E0%A4%95%E0%A5%80%E0%A4%9C%E0%A4%BF%E0%A4%8F)

Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02\\_-\\_ISKCON\\_Swamis/ISKCON\\_Swamis\\_-\\_R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-\\_Day-06\\_Part-02.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-06_Part-02.mp3)

Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

tvayi me 'nanya-viṣayā  
matir madhu-pate 'sakṛt  
ratim udvahatād addhā  
gaṅgevaugham udanvati



□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

17-May-2025 Saturday

□ Understand, recite & memorise BG 2.65 shloka by today. Post audio once done. (5 min)  
Refer tune :

[https://drive.google.com/file/d/1gwmctsXieKxpuuYef\\_05i592\\_xH\\_mTiP/view?usp=sharing](https://drive.google.com/file/d/1gwmctsXieKxpuuYef_05i592_xH_mTiP/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/65/>

प्रसादे सर्वदुःखहानाम्  
हानिरस्योपाजयते  
प्रसान्ना-चेतासो ह्यर्षु  
बुद्धिर्परावतिष्ठते

□ Practice Kartal (5 min)

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0048\\_-\\_Aryan\\_Civilization](https://vanipedia.org/wiki/Prabhupada_0048_-_Aryan_Civilization)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0048\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0048_-_)

[\\_ %E0%A4%86%E0%A4%B0%E0%A5%8D%E0%A4%AF%E0%A4%A8 %E0%A4%B8%E0%A4%AD%E0%A5%8D%E0%A4%AF%E0%A4%A4%E0%A4%BE](https://vanipedia.org/wiki/HI/Prabhupada_0048_-_%E0%A4%86%E0%A4%B0%E0%A5%8D%E0%A4%AF%E0%A4%A8%E0%A4%B8%E0%A4%AD%E0%A5%8D%E0%A4%AF%E0%A4%A4%E0%A4%BE)

□ Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02\\_-\\_ISKCON\\_Swamis/ISKCON\\_Swamis\\_-\\_](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-\\_Day-06\\_Part-03.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-06_Part-03.mp3)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Ei baro karuna karo' & try to get the tune.

<https://www.youtube.com/watch?v=jDcfcBEWLW0>

18-May-2025 Sunday

**SUNDAY WEEK OFF !!!**

□ Understand, recite & memorise BG 2.66 shloka by today. Post audio once done. (5 min)

Refer tune :

<https://drive.google.com/file/d/1LeW6uModrSfryEGAS9RaZZBGqmW6eo1b/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/66/>

नास्ति बुद्धिरायुक्तस्य  
नाऽयुक्तस्य भव्वा  
नाऽभव्वायताः शान्ति  
अशान्तस्य कृता सुखम्

*nāsti buddhir ayuktasya  
na cāyuktasya bhāvanā  
na cābhāvayataḥ śāntir  
aśāntasya kutaḥ sukham*

□ Kartal practice (5 min)

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0049 - We are Bound Up by the Laws of Nature](https://vanipedia.org/wiki/Prabhupada_0049_-_We_are_Bound_Up_by_the_Laws_of_Nature)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0049 -](https://vanipedia.org/wiki/HI/Prabhupada_0049_-_)

[\\_ %E0%A4%B9%E0%A4%AE\\_%E0%A4%AA%E0%A5%8D%E0%A4%B0%E0%A4%95%E0%A5%83%E0%A4%A4%E0%A4%BF\\_%E0%A4%95%E0%A5%87\\_%E0%A4%A8%E0%A4%BF%E0%A4%AF%E0%A4%AE%E0%A5%8B%E0%A4%82\\_%E0%A4%B8%E0%A5%87\\_%E0%A4%AC%E0%A4%82%E0%A4%A7%E0%A5%87\\_%E0%A4%B9%E0%A5%88%E0%A4%82](https://vanipedia.org/wiki/HI/Prabhupada_0049_-_%E0%A4%B9%E0%A4%AE_%E0%A4%AA%E0%A5%8D%E0%A4%B0%E0%A4%95%E0%A5%83%E0%A4%A4%E0%A4%BF_%E0%A4%95%E0%A5%87_%E0%A4%A8%E0%A4%BF%E0%A4%AF%E0%A4%AE%E0%A5%8B%E0%A4%82_%E0%A4%B8%E0%A5%87_%E0%A4%AC%E0%A4%82%E0%A4%A7%E0%A5%87_%E0%A4%B9%E0%A5%88%E0%A4%82)

□ Read 26th Chapter of 'Teachings of Queen Kunti'. Also recite & memorise the shloka. Post audio once done. (15 min)

<https://vedabase.io/en/library/tqk/26/>

For tune refer below :

<https://drive.google.com/file/d/12eQGqGXCsnZpCPb1fSEKkFVyljftXb6b/view?usp=sharing>

श्रीकृष्णकृष्णसखा वृषण्यृषभहवनिध्रुग-  
राजान्यावाम्सादहानानापवर्गाविर्या  
गोविन्दागोद्विजासुरार्तिहारवतारा  
योगेश्वरार्किलागुरो भगवान नमस्ते

*śrī-kṛṣṇa kṛṣṇa-sakha vṛṣṇy-ṛṣabhāvani-dhruḡ-  
rājanya-varṁśa-dahanānapavarga-vīrya  
govinda go-dvija-surārti-harāvatāra  
yogeśvarākhila-guro bhagavan namas te*

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Hari Hari Biphale' & try to get the tune.

<https://www.youtube.com/watch?v=RopxPpe9-bY>

20-May-2025 Tuesday

□ Understand, recite & memorise BG 2.67 shloka by today. Post audio once done. (5 min)

Refer tune :

[https://drive.google.com/file/d/144h6K0Fjg\\_1\\_91R0uVDegwi0FUJ5tbLP/view?usp=sharing](https://drive.google.com/file/d/144h6K0Fjg_1_91R0uVDegwi0FUJ5tbLP/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/67/>

□□□□□□□□□□ □□ □□□□ □□□□□□□□□□□□ □  
□□□□□ □□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□

*indriyāṇāṁ hi caratāṁ  
yan mano 'nuvidhīyate  
tad asya harati prajñāṁ  
vāyur nāvam ivāmbhasi*

□ Practice Kartal (5 min)

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0050 - They do not Know What is Next Life](https://vanipedia.org/wiki/Prabhupada_0050_-_They_do_not_Know_What_is_Next_Life)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0050 -](https://vanipedia.org/wiki/HI/Prabhupada_0050_-_)

[\\_ %E0%A4%89%E0%A4%A8%E0%A4%95%E0%A5%8B %E0%A4%AA%E0%A4%A4%E0%A4%BE %E0%A4%A8%E0%A4%B9%E0%A5%80%E0%A4%82 %E0%A4%B9%E0%A5%88 %E0%A4%95%E0%A5%80 %E0%A4%85%E0%A4%97%E0%A4%B2%E0%A4%BE %E0%A4%9C%E0%A5%80%E0%A4%B5%E0%A4%A8 %E0%A4%95%E0%A5%8D%E0%A4%AF%E0%A4%BE %E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0050_-_%E0%A4%89%E0%A4%A8%E0%A4%95%E0%A5%8B_%E0%A4%AA%E0%A4%A4%E0%A4%BE_%E0%A4%A8%E0%A4%B9%E0%A5%80%E0%A4%82_%E0%A4%B9%E0%A5%88_%E0%A4%95%E0%A5%80_%E0%A4%85%E0%A4%97%E0%A4%B2%E0%A4%BE_%E0%A4%9C%E0%A5%80%E0%A4%B5%E0%A4%A8_%E0%A4%95%E0%A5%8D%E0%A4%AF%E0%A4%BE_%E0%A4%B9%E0%A5%88)

□ Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis -](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R to Y/His Holiness Radha Govinda Swami/Kunti Stuti 2002/RGS Kunti Stuti 2002 - Day-06 Part-04.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-06_Part-04.mp3)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Hari Hari Biphale' & try to get the tune.

<https://www.youtube.com/watch?v=RopxPPe9-bY>

21-May-2025 Wednesday : 25-May-2025 Sunday

No Syllabus as many devotees will be busy in getting Sanga of HH Bhakti Asraya Vaishnav Maharaj

21st May : HH Bhakti Asraya Vaishnav Maharaj arriving to Pune & his Vyas Puja at Uttamnagar

22nd May : Uttamnagar DIKSHA

24th May : RKBM DIKSHA

25th May : NVCC DIKSHA

26-May-2025 Monday

□ Understand, recite & memorise BG 2.68 shloka by today. Post audio once done. (5 min)

Refer tune :

<https://drive.google.com/file/d/1B3epO2N4UxxlCozuwndxxWzWEo8R5UxJ/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/68/>

तस्मादयस्यामहाबाहो  
निग्रहितानि सर्वासां  
इन्द्रियाण्यिन्द्रियार्थेभ्यः  
तस्याप्रज्ञाप्रतिष्ठिता

*tasmād yasya mahā-bāho*  
*nigrhītāni sarvaśaṅ*  
*indriyāṇyīndriyārthebhyas*  
*tasya prajñā pratiṣṭhitā*

□ Practice Kartal (5 min)

□ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0051\\_-](https://vanipedia.org/wiki/Prabhupada_0051_-)

[Dull Brain Cannot Understand What is Beyond this Body](https://vanipedia.org/wiki/Prabhupada_0051_-)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0051\\_-](https://vanipedia.org/wiki/HI/Prabhupada_0051_-)

[%E0%A4%AF%E0%A4%B9 %E0%A4%86%E0%A4%82%E0%A4%A6%E0%A5%8B%E0%A4%B2%E0%A4%A8 %E0%A4%B8%E0%A4%AC%E0%A4%B8%E0%A5%87 %E0%A4%AC%E0%A5%81%E0%A4%A6%E0%A5%8D%E0%A4%A7%E0%A4%BF%E0%A4%AE%E0%A4%BE%E0%A4%A8 %E0%A4%B5%E0%A4%B0%E0%A5%8D%E0%A4%97 %E0%A4%95%E0%A5%87 %E0%A4%B2%E0%A4%BF %E0%A4%8F %E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0051_-)

□ Listen to the below audio lecture on ‘Teachings of Queen Kunti’ by HH Radha Govinda Swami. (15 min)

<https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis ->

[R to Y/His Holiness Radha Govinda Swami/Kunti Stuti 2002/RGS Kunti Stuti 2002 - Day-07 Part-01.mp3](https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis -)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. ‘Hari Hari Biphale’ & try to get the tune.

<https://www.youtube.com/watch?v=RopxPPe9-bY>

27-May-2025 Tuesday

□ Understand, recite & memorise BG 2.69 shloka by today. Post audio once done. (5 min)

Refer tune : [https://drive.google.com/file/d/1SFKMSTxR-](https://drive.google.com/file/d/1SFKMSTxR-GPtgELhgrDnICwwomETIQk6/view?usp=sharing)

[GPtgELhgrDnICwwomETIQk6/view?usp=sharing](https://drive.google.com/file/d/1SFKMSTxR-GPtgELhgrDnICwwomETIQk6/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/69/>

ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय

yā niśā sarva-bhūtānām  
tasyām jāgati samyamī  
yasyām jāgrati bhūtāni  
sā niśā paśyato muneḥ

Practice Kartal (5 min)

Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0052\\_-\\_Difference\\_Between\\_Bhakta\\_and\\_Karmi](https://vanipedia.org/wiki/Prabhupada_0052_-_Difference_Between_Bhakta_and_Karmi)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0052\\_-\\_](https://vanipedia.org/wiki/HI/Prabhupada_0052_-_)

[\\_E0%A4%AD%E0%A4%95%E0%A5%8D%E0%A4%A4%E0%A5%8D%E0%A4%A4\\_%E0%A4%94%E0%A4%B0\\_%E0%A4%95%E0%A4%B0%E0%A5%8D%E0%A4%AE%E0%A5%80\\_%E0%A4%AE%E0%A5%87%E0%A4%82\\_%E0%A4%85%E0%A4%82%E0%A4%A4%E0%A4%B0](https://vanipedia.org/wiki/HI/Prabhupada_0052_-_%E0%A4%AD%E0%A4%95%E0%A5%8D%E0%A4%A4%E0%A5%8D%E0%A4%A4_%E0%A4%94%E0%A4%B0_%E0%A4%95%E0%A4%B0%E0%A5%8D%E0%A4%AE%E0%A5%80_%E0%A4%AE%E0%A5%87%E0%A4%82_%E0%A4%85%E0%A4%82%E0%A4%A4%E0%A4%B0)

Listen to the below audio lecture on 'Teachings of Queen Kunti' by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02\\_-\\_ISKCON\\_Swamis/ISKCON\\_Swamis\\_-\\_](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-\\_Day-07\\_Part-02.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-07_Part-02.mp3)

Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Hari Hari Biphale' & try to get the tune.

<https://www.youtube.com/watch?v=RopxPPe9-bY>

28-May-2025 Wednesday

Understand, recite & memorise BG 2.70 shloka by today. Post audio once done. (5 min)

Refer tune : <https://drive.google.com/file/d/1QvZOdRhziuntoz8Y5cwvER5pgHJheB/view?usp=sharing>

Link : <https://vedabase.io/en/library/bg/2/70/>

ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय  
ॐ नमो भगवते वासुदेवाय

āpūryamāṇam acala-pratiṣṭham  
samudram āpaḥ praviśanti yadvat  
tadvat kāmā yaṁ praviśanti sarve  
sa śāntim āpnoti na kāma-kāmī

Practice Kartal (5 min)

☐ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0053 - First Thing is We Must Hear](https://vanipedia.org/wiki/Prabhupada_0053_-_First_Thing_is_We_Must_Hear)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0053 -](https://vanipedia.org/wiki/HI/Prabhupada_0053_-_)

[\\_%E0%A4%B8%E0%A4%AC%E0%A4%B8%E0%A5%87\\_%E0%A4%AA%E0%A4%B9%E0%A4%B2%E0%A5%80\\_%E0%A4%AC%E0%A4%BE%E0%A4%A4\\_%E0%A4%B9%E0%A4%AE%E0%A5%87%E0%A4%82\\_%E0%A4%B8%E0%A5%81%E0%A4%A8%E0%A4%A8%E0%A4%BE\\_%E0%A4%9A%E0%A4%BE%E0%A4%B9%E0%A4%BF%E0%A4%8F](https://vanipedia.org/wiki/HI/Prabhupada_0053_-_%E0%A4%B8%E0%A4%AC%E0%A4%B8%E0%A5%87_%E0%A4%AA%E0%A4%B9%E0%A4%B2%E0%A5%80_%E0%A4%AC%E0%A4%BE%E0%A4%A4_%E0%A4%B9%E0%A4%AE%E0%A5%87%E0%A4%82_%E0%A4%B8%E0%A5%81%E0%A4%A8%E0%A4%A8%E0%A4%BE_%E0%A4%9A%E0%A4%BE%E0%A4%B9%E0%A4%BF%E0%A4%8F)

☐ Listen to the below audio lecture on ‘Teachings of Queen Kunti’ by HH Radha Govinda Swami. (15 min)

[https://audio.iskcondesiretree.com/02 - ISKCON Swamis/ISKCON Swamis -](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_)

[R to Y/His Holiness Radha Govinda Swami/Kunti Stuti 2002/RGS Kunti Stuti 2002 - Day-07 Part-03.mp3](https://audio.iskcondesiretree.com/02_-_ISKCON_Swamis/ISKCON_Swamis_-_R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-_Day-07_Part-03.mp3)

☐ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. ‘Hari Hari Biphale’ & try to get the tune.

<https://www.youtube.com/watch?v=RopxPPe9-bY>

29-May-2025 Thursday

☐ Understand, recite & memorise BG 2.71 shloka by today. Post audio once done. (5 min)

Refer tune :

[https://drive.google.com/file/d/1eKd9Exl0yraKByaUsFXyVSG\\_3HzSlulp/view?usp=sharing](https://drive.google.com/file/d/1eKd9Exl0yraKByaUsFXyVSG_3HzSlulp/view?usp=sharing)

Link : <https://vedabase.io/en/library/bg/2/71/>

विहाय कामान् यः सर्वान्  
पुमन्मसं करोति निःस्पृहः  
निर्ममो निराहङ्कारः  
स शान्तिमधिगच्छति

*vihāya kāmān yaḥ sarvān  
pumānś carati niḥspṛhaḥ  
nirmamo nirahaṅkāraḥ  
sa śāntim adhigacchati*

☐ Practice Kartal (5 min)

☐ Listen to Prabhupada (5 min)

English : [https://vanipedia.org/wiki/Prabhupada\\_0054 - Everyone is Simply Giving Kṛṣṇa Trouble](https://vanipedia.org/wiki/Prabhupada_0054_-_Everyone_is_Simply_Giving_Kṛṣṇa_Trouble)

Hindi : [https://vanipedia.org/wiki/HI/Prabhupada\\_0054 -](https://vanipedia.org/wiki/HI/Prabhupada_0054_-_)

[\\_%E0%A4%B9%E0%A4%B0\\_%E0%A4%95%E0%A5%8B%E0%A4%88\\_%E0%A4%95%E0%A5%87%E0%A4%B5%E0%A4%B2\\_%E0%A4%95%E0%A5%83%E0%A4%B7%E0%A5%8D%E0%A4%A3\\_%E0%A4%95%E0%A5%8B\\_%E0%A4%A4%E0%A4%95%E0%A4%B2%E0%A5%80%E0%A4%AB\\_%E0%A4%A6%E0%A5%87\\_%E0%A4%B0%E0%A4%B9%E0%A4%BE\\_%E0%A4%B9%E0%A5%88](https://vanipedia.org/wiki/HI/Prabhupada_0054_-_%E0%A4%B9%E0%A4%B0_%E0%A4%95%E0%A5%8B%E0%A4%88_%E0%A4%95%E0%A5%87%E0%A4%B5%E0%A4%B2_%E0%A4%95%E0%A5%83%E0%A4%B7%E0%A5%8D%E0%A4%A3_%E0%A4%95%E0%A5%8B_%E0%A4%A4%E0%A4%95%E0%A4%B2%E0%A5%80%E0%A4%AB_%E0%A4%A6%E0%A5%87_%E0%A4%B0%E0%A4%B9%E0%A4%BE_%E0%A4%B9%E0%A5%88)

☐ Listen to the below audio lecture on ‘Teachings of Queen Kunti’ by HH Radha Govinda Swami. (15 min)

min)

[https://audio.iskcondesiretree.com/02\\_-ISKCON\\_Swamis/ISKCON\\_Swamis\\_-](https://audio.iskcondesiretree.com/02_-ISKCON_Swamis/ISKCON_Swamis_-R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-Day-07_Part-04.mp3)

[R\\_to\\_Y/His\\_Holiness\\_Radha\\_Govinda\\_Swami/Kunti\\_Stuti\\_2002/RGS\\_Kunti\\_Stuti\\_2002\\_-Day-07\\_Part-04.mp3](https://audio.iskcondesiretree.com/02_-ISKCON_Swamis/ISKCON_Swamis_-R_to_Y/His_Holiness_Radha_Govinda_Swami/Kunti_Stuti_2002/RGS_Kunti_Stuti_2002_-Day-07_Part-04.mp3)

□ Listen Bhajan today passively while you are doing some work like cleaning the house, having Prasadam, travelling in bus/cab. 'Hari Hari Biphale' & try to get the tune.

<https://www.youtube.com/watch?v=RopxPPe9-bY>

30-May-2025 Friday

31-May-2025 Saturday

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Revision #8

Created 9 April 2025 13:46:22 by SONALI BHANDAR

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