

# BG - 2

## Vaishnav Song

<https://kksongs.org/songs/y/yasomatinandana.html>

Last Sunday the first stanza was recited - you can continue that and the second one.

## Bhagavad-gita Verse

Recap last week's BG 7.17 nicely so that children recollect "Krishna is the underlying thread" that holds EVERYTHING together nicely.

Now in today's session we will explore that "thread" by discussing BG 15.13

### **BG 15.13**

गामाविष्या च भूतानि धारयाम्यहमोजासा  
पुश्यामि काशुधहिसरवाहसो भूत्वारासात्मकाह

gām āviśya ca bhūtāni  
dhārayāmy aham ojasā  
puṣṇāmi cauśadhīḥ sarvāḥ  
somo bhūtvā rasātmakaḥ

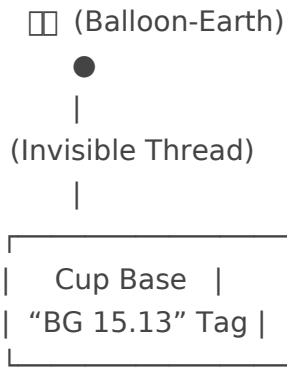
**I enter into each planet, and by My energy they stay in orbit. I become the moon and thereby supply the juice of life to all vegetables.**

### Core Message

Krishna personally **enters the Earth** and **holds it up from within** — like an invisible force keeping the planet stable and full of life. o when we look at the mountains, oceans, trees, and crops, we should remember:

“ “The Lord is inside the Earth, making it strong, green, and alive!”

## Activity “My Floating Earth (Balloon Version)”



## Materials (Per Child)

Item	Qty	Notes
Small round balloon (5-6 inch)	1	Diff colors - see below
Thin black thread / fishing line	20 cm	Represents Krishna's <i>ojasā</i> (invisible energy).
Paper cup (base)	1	Plain or decorated.
Tape / Glue dot	1-2	To secure thread to knot + cup.
Permanent markers (green, blue, brown)	—	To draw continents + oceans.
Printed verse tag strip	1	> "By Krishna's energy the world is held - BG 15.13"
Hole-punch / pencil	—	To make hole in cup base.

## Balloon Color Choices

Planet	Balloon Color	Easy Decoration Ideas
Mercury	Grey	Rocky dots
Venus	Yellow-orange	Swirly clouds
Earth	Blue	Green continents
Mars	Red	Polar caps
Jupiter	Orange	Brown stripes
Saturn	Gold	Paper ring strip taped around middle
Uranus	Light blue	Thin white ring
Neptune	Dark blue	Tiny white cloud streaks
Sun	Bright yellow	Rays drawn outward on tag card

## Preparation for Teachers

1. Pre-punch holes in cups.
  2. Cut threads  $\approx$  20 cm long.
  3. Inflate balloons **just to palm-size** so they are light.
  4. Tie knots tightly.
  5. Have a few spares ready (some pop).
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## Step-by-Step Instructions

### 1 · Color the Planet

Draw continents (green) and oceans (blue).

If balloon is earth then mark a tiny ♥ — “My home on Krishna’s Earth.”

### 2 · Attach the Invisible Energy

Tie or tape one end of the black thread around the balloon’s knot.

### 3 · Create the Base

Make a small hole in the bottom of the cup.

Pass the other end of the thread through and tape it inside so that the balloon **floats 1 inch above the rim.**

Note - If room permits hang the thread from the ceiling and you will have beautiful floating solar system. If not use cups.

### 4 · Add the Verse Tag

Paste the printed verse on the cup’s outer side. Alternately you can also write with a Pen on the Cup "*gām āviśya ca bhūtāni*"

#### Message to Parents

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#### BPSS Sunday Class - “Floating Planet Craft” (BG 15.13)

#### Dear Parents,

This Sunday our Bhakta Prahlad Sunday School children will learn a wonderful truth from the *Bhagavad-gītā*:

“I enter into each planet, and by My energy they stay in orbit.” (BG 15.13)

Through a *science + bhakti* activity called “**The Floating Planet Craft,**” children will see how every planet—Mercury to Neptune—floats because of **Krishna’s invisible energy (ojasā)**.

### What to Send with Your Child

Please send **one small round balloon (5-6 inch)** in *any color your child likes*. They can choose their favourite planet, and we’ll have many “worlds” floating together in class!

Suggested colors	Planet idea
Grey / Silver	Mercury
Yellow / Golden	Venus or Sun
Blue	Earth
Red	Mars
Orange / Brown	Jupiter
Gold (with paper ring)	Saturn
Light Blue	Uranus
Dark Blue	Neptune

### Also bring:

- 1 paper cup (for the base)
  - A few sketch pens or markers
- (We’ll provide the thread, tape, and verse tags.)

### Learning outcome

Children will:

- Discover why planets “float” in space
- Understand Krishna’s sustaining energy
- Take home their own “planet” as a reminder of **BG 15.13**

We look forward to a joyful and devotional session together!

*By Krishna’s energy, the world is held.”*

— **BPSS Team**  
ISKCON Dhanori

### \* Teaching Bridge

Say to the children:

“Sometimes the Lord holds the Earth *invisibly* — like the power that keeps gravity working and trees growing. But once, long ago, He showed it *visibly* — when the Earth had fallen into the ocean, and He personally came as **Varāha**, the divine boar, to lift her up!”

Hiranyaksha was a powerful demon. At the time of his birth unlucky omens appeared everywhere. Violent winds uprooted trees, volcanoes erupted and inky clouds rained endlessly as lightning slashed the sky. Owls screeched fiercely, wolves howled at the moon and trembling cows gave blood instead of milk.

Hiranyaksha grew to be as large as a mountain. His golden crown appeared to kiss the sky. The earth quaked as he walked. Greater than his height was his pride, but even greater was his greed. He mined so much gold from the Earth that the planet lost its balance, fell out of orbit and plunged into the ocean at the bottom of the Universe.

The proud Hiranyaksha dived into the ocean, terrifying all the sea creatures as he whirled his golden club. He was eager to fight and looked for Varuna, the lord of the waters. Coming face-to-face with Varuna, he challenged him to combat.

“I have stopped fighting now due to old age,” said Varuna. “However, you are so expert in fighting that the only person equal to you is Lord Vishnu himself. When you meet him, he will destroy your pride and you will lie down to sleep on the battlefield.”

Not caring for the words of Varuna, Hiranyaksha left in search for his enemy. Meanwhile, Lord Vishnu, in His form as a huge red boar, entered the cosmic ocean. Sniffing through the mud at the bottom, He found the earth planet. Then, lifting it on His two white tusks, He rose out of the water.

Hiranyaksha was waiting, very angry. “Oh amphibious beast,” he cried, “this Earth is mine. Today I will please my demon friends by smashing your skull.”

Lord Varaha was concerned to protect Mother Earth and so raced through space with the planet on His tusks.

Hiranyaksha followed him shouting “Coward! Come back! Come back!”

Lord Varaha is in charge of the law of gravity. Making the Earth very light, he gently placed her on the surface of the sea where she floated like a turquoise ball.

With the earth now safe, Varaha turned to Hiranyaksha and laughed mockingly, "I am indeed the beast out to kill dogs like you. I am not afraid for you are a mortal, bound by the laws of death. Give up your foolish talk and fight.

Hiranyaksha, trembling with anger and hissing like a cobra, sprang at the Lord with his golden club. Varaha dodged the blow and struck out with His own mace. As the fight raged on, both were injured and the smell of blood increased their fury.

From up on high the residents of the heavens watched this terrible fight. They begged Lord Varaha "please, do not play any longer with this wicked demon. Finish him off quickly."

Lord Varaha glanced lovingly at His devotees, then sprang at Hiranyaksha, aiming His mace at the demon's chin. But Hiranyaksha knocked the mace from Varaha's hand and sent it spinning deep into space.

The demigods cried in alarm, 'Alas! Alas! What will happen now?'

Lord Varaha called for His famous disc weapon and it appeared in the sky, razor-sharp and whirling like a circular saw.

Seeing this, Hiranyaksha exploded with fury. Glaring at the Lord with burning eyes, he hurled his mace, screaming "Now you are slain!"

The Lord deftly knocked it away with His left foot. Then coolly and calmly He said, "Pick up your weapon and try again?"

Roaring like a lion, the demon again hurled his mace. But the divine boar easily caught it just like a hawk catches a mouse. He offered it to the demon. "Why don't you try again?" He asked.

Hiranyaksha became ashamed and angry. Taking instead a flaming trident, he hurled it with all his might towards the Lord.

Varaha easily cut it into seven pieces with His razor-sharp disc.

Using his magical powers the demon became invisible. Fierce winds blew from all directions: stones dropped out of the sky; angry clouds poured down blood, urine, hair and bones; armies of fierce demons appeared as if from nowhere riding on phantom horses and elephants.

Using His own mystical powers, the Lord dispelled the demon's magic. Still Hiranyaksha did not give up. He ran up to the lord, embraced Him and tried to crush Him with his powerful arms.

The demigods watched in horror. Seeing their forlorn faces, Lord Varaha decided; "I've played with this demon long enough."

Casually, He slapped Hiranyaksha at the base of his ear. Hiranyaksha's body quivered; his eyeballs bulged out of their sockets; and he fell down dead like a huge tree cut down by a hurricane.

Lord Varaha placed the earth back into its correct orbit. The demigods were overjoyed and praised the Lord, "You are not forced like us to take your birth but you do so by your own free will. You appear in a form just suitable to perform your mission of rescuing the Earth from a dirty place".

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